# Successful Audition

**Before Audition Day**

1. Practice playing your instrument at the time of day your audition is scheduled.
2. Plan ahead and dress appropriately.
3. Arrive 30 minutes early (parking, check-in, tuning, etc.)

**Morning Audition Day**

1. Get to bed early the night before.
2. Eat a good breakfast (high protein, not too sugary).
3. Get some physical exercise to help work the nerves out.
4. Avoid caffeinated or sugary drinks that might alter performance.

**Audition Day**

1. Plan a simple warm-up.
2. Instead of running your excerpts repeatedly, practice at half-speed the “practice boxes” of the excerpts.
3. Don’t focus too hard on the other people and what they sound like.

**During the Audition**

1. Take time to set playing position/posture.
2. Have a moment of silence where you hear the first bar of your excerpt in your head.
3. Take a deep breath before you start playing.
4. Stick to your own tempo. Do not let other auditionees influence your performance.
5. Do not restart once you start.